



Probus Club of Hastings Point Tweed Coast

October 2024

**Upcoming meetings:
October 15th and November 19th**

Where we meet: Tricare, 87- 89 Tweed Coast Rd, Hastings Point.
When: 3rd Tuesday of the month **Time:** 10 am – 12 noon
Enquiries: Steve Carratt **Phone :** 0418 966 254
Web Site : www.hastingsptprobus.org
Postal Address: 516 Round Mt Rd, Round Mountain. NSW 2489

A warm welcome to our members, new members and guests. Our Probus motto:

“Friendship, Fellowship and Fun”

Your continued enthusiasm and support for everything we offer, keeps our group active, and provides fantastic fun and enjoyment for all club members.



We are celebrating **Probus Month** with a Bus Trip to Tyalgum on **Tuesday 1st October**

Jenny Engle will welcome members and guests at our meetings.



Our first speaker for February 2025 will be Drew from the Neighbourhood Centre. If you have specific tech questions you want answered, please me know.

OCTOBER SPEAKER

Julie Carratt will be our speaker for October—talking about her mother’s story of ‘Being Raised a Dairy Farmer’s Daughter’ (with milking & other chores, before and after school, rain, hail or shine !) And just imagine the generational and cultural differences to the current day, being the eldest daughter of ten children.

Julie has very kindly agreed to fill a gap, left once again by the author from Dubbo (currently moving house to Glen Innes).



Book now for the Christmas Shopping Bus Trip on 12th November.
Contact Shirley Gill—phone (07) 5523 2404 or email

Thanks to Roger Ellison for his wonderful talk at our September meeting— what a life, watching the evolution of music, records, cassettes, and videos etc. in his store, and making the move from Durban, to Manly to the Tweed Coast. And in ‘retirement’ continuing in theatre and stage recordings.



2024-25 COMMITTEE

President: *Dianne Mills* Mob: 044 732 5387
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 Vice President: *Janet Hobbs* Mob: 0419 487 591
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 Secretary: *Steve Carratt* Mob: 0418 966 254
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 Email: mcdonaldbrenda1@gmail.com
 Welfare: *Karen Stanford* Mob: 0418 749 636
 Outings: *Shirley Gill* Phone: 07 5523 2404
 Email: shirleygill4@gmail.com

Additional Committee Roles

Brenda McDonald Membership
Dianne Mills Newsletter/ Publicity
 Committee Speakers

Appointments

Auditor: *Paul McDonald*
 Public Officer: *Steve Carratt*
 Hospitality: *Clive Cramb*

WELFARE

Please contact our welfare officer, Karen Stanford on 0418 749 636, if you know of any member who is unwell or incapacitated. It is important that we continue to support each other.



OCTOBER 2024

Birthdays: *Shirley Gill*
Jean Watson *Roger Ellison*
Peter Howell *Karen Stanford*



Anniversaries: *Julie & Steve Carratt*
Janet & David Hobbs



Your ideas and input are very important to us, so please pass on any thoughts you may have, to a committee member, or place in the suggestion box. Do you know of any speakers who may interest our members?



Tri Care Community Village allows us to use its wonderful venue for our monthly meetings – **PLEASE DO NOT** use the residents car spaces. You can drive in, drop off your passengers, then park outside on Tweed Coast Rd.

Tri Care residents appreciate your consideration.



Clive always provides a great morning tea with a little help from his friends.

If possible please bring the correct money ... \$4 ... includes morning tea



Condong Bowling Club

Opposite the Sunshine Sugar Mill
 Last Friday of every month
 Members \$20 Visitors \$25
 Bookings essential: phone Virginia 0432 914 539 (and book for dinner)



Friday 25th October at 8pm – Federal Blues Inc.

The local Early Birds Band will start at 6.30pm

Federal Blues Inc. (FBI) was formed in early January 2014 by a group of residents of the Byron hinterland village of Federal (hence the name) with a shared love of the BLUES. After quickly establishing a following in the Byron area, they formed 'The Blues Club' at Bangalow Bowling Club, which in 2019 expanded and moved to Ballina RSL, and from 2023 onwards staged performances every Sunday with FBI as the 'House Band'.

FBI plays a mixture of originals and blues classics, drawing from old masters such as Muddy Waters and BB King, plus more contemporary artists like Eric Clapton, Gary Clark Jr., Joe Louis Walker and Robin Ford. The result is an exciting, dynamic and passionate blues experience.



WOW - Book early for this



Friday 29th November 2024 – Galapagos Duck



Showing: November 14th - November 30th

Mix a Hitchcock masterpiece with a juicy spy novel, add a dash of Monty Python and you have *The 39 Steps*, a fast-paced whodunit for anyone who loves the magic of theatre. This two-time Tony and Drama Desk Award-winning treat is packed with nonstop laughs, over 150 zany characters (played by a cast of four), an onstage plane crash, handcuffs, missing fingers and some good old-fashioned romance!



Tickets will go on sale early in October. I will be booking early to get a table (or two) at the front, for the 16th November matinee. Book and pay \$13.85 to Di Mills by 15th October.

COFFEE MORNINGS & LUNCHES

Our coffee mornings on the first Tuesday of each month, and lunches at the Tavern after meetings are proving to be a social success. The next coffee morning co-incides with our Probus Month Bus Trip, but should not stop anyone going to the Nook if they wish. The November coffee morning also clashes with Melbourne Cup, so the Nook is aware that numbers may again be depleted.

We will break for the summer, and start the new year with a **Coffee Morning at the Nook** on **Tuesday 4th February**, hopefully with a big turn out of enthusiastic members.



CHRISTMAS LUNCH

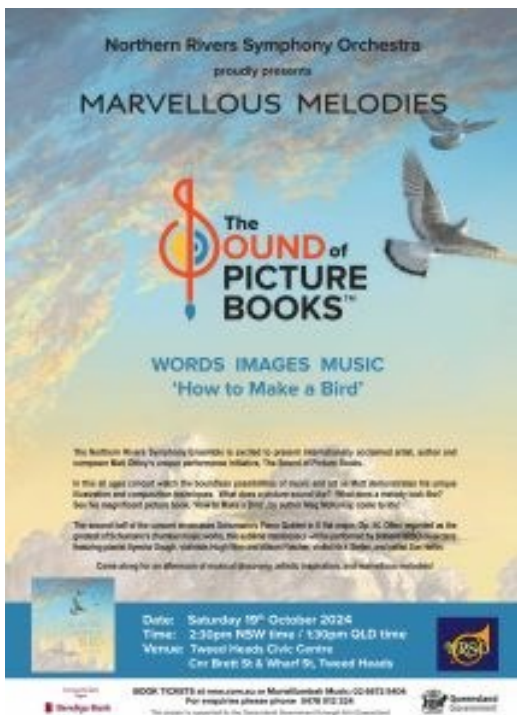
Will be at the Pottsville Tavern 12 noon,
on Tuesday 19th November.

Choose from the regular menu, which includes a selection of senior's specials. Finish off with Di's cake.

Steve will have tricky trivia questions for all of us, with 'calorie free' chocolates and a prize basket.

Wear your Christmas colours and accessories!





The Northern Rivers Symphony Orchestra Ensemble is thrilled to present internationally acclaimed artist/composer **Matt Ottley's The Sound of Picture Books™** series in a concert, featuring the award-winning picture book **"How to Make a Bird"** by author Meg McKinlay, with pictures and music by Matt Ottley.

The first part of the concert will feature the NRSO Ensemble conducted by Marco Bellasi, with narration by Tina Wilson OAM, and projection of Matt Ottley's illustrations. This is a unique, immersive, multi-sensory experience, a short film, original storytelling, and a creative workshop all rolled into one.

The second half of the concert will showcase Schumann's Piano Quintet in E flat major, Op. 44. Often regarded as the greatest of Schumann's chamber music works, this sublime masterpiece will be performed by brilliant NRSO musicians featuring pianist Ayesha Gough, violinists Hugh Won and Alison Fletcher, violist Nick Stefan, and cellist Zoe Heflin.

Tickets:

General \$50
Concession \$45

Tertiary students \$20, School students \$10 (5 years and under free)

Book online, or Murwillumbah Music, or at the door until sold out.
Enquiries 0478012324



Date: Saturday 19th October 2024
Time: 2.30pm NSW time / 1.30pm QLD time
Venue: Tweed Heads Civic Centre

Monkey Pox (Mpx) – just a few points for those who are interested, or fear that we have a 'new' pandemic looming. (It is just a brief overview).

The monkey pox virus was first identified in 1958 amongst research monkeys in Denmark. The first human case in 1970 was a 9 month old boy in the Democratic Republic of the Congo during an intense period of trying to eliminate smallpox. It was thought that the virus was transferred from animal to human through bites or scratches.

Two strains of mpx are clade 1, the more severe with a fatality rate of 3.6%, and clade 2 is less severe with fatalities of less than 0.2%. The most vulnerable are poor and malnourished, with clade 1 currently spreading in Sub-Saharan Africa and refugee camps. Wealthier countries have greater access to vaccines and antivirals which mitigate the disease, although immunosuppressed individuals still need to avoid risky exposure. It is also listed as a sexually transmitted disease. Infections like RSV, influenza and COVID-19 are more prevalent and problematic than mpx, which is usually mild and people generally recover within a few weeks.

As with other infectious diseases, follow the known preventative measures – particularly hand hygiene and safe distancing. Although there has been media alarm that World Health Organisation (WHO) has called the mpx outbreak, a public health emergency, the current WHO statement does not recommend any restrictions for travel or trade.

Mpx cases in Australia		Covid 19 cases in Australia	
		2020	29,118
		2021	538,968
2022	144	2022	10,327,724
2023	26	2023	864,856
2024	737	2024	271,938
		Yes, Covid is still active	

Some statistical comparison from Australian Government's Dept of Health.

(The above information has been gathered from dozens of sources and countries around the world – too numerous to mention).